

SEX
Safe Sex Resources
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MALIBU HIGH SCHOOL



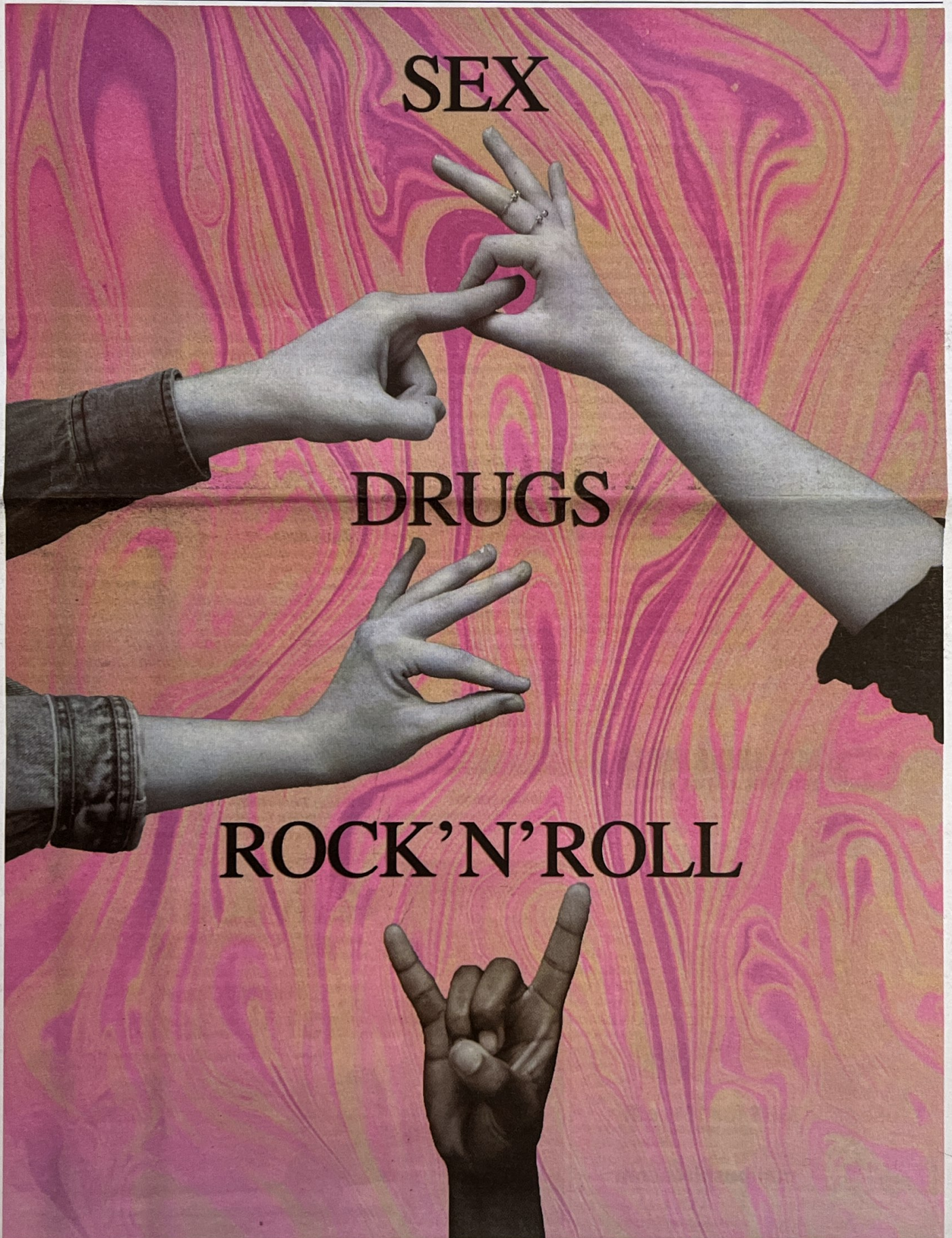
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THE CURRENT

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Opinion: Maintaining Relationships

Logan Moore
STAFF WRITER

The current divorce rate in the United States is at 50%, the highest it's been in history. This means nearly every other person you meet has dealt with a divorce in some way, whether it's being divorced or the child of a divorced couple. Even our little bubble community of Malibu is affected by divorces. Personally, my parents have been together my whole life, and while they've fought and had disagreements, they've never gotten close to divorce. While some people may argue that I'm not a good speaker on divorce because I haven't witnessed it myself, I think that makes me perfect to discuss this subject since I've seen what works and what doesn't work. Every day I see people fall into the same cycle of dating and marriage only to see them lay hurt and heartbroken when they could've avoided their pain entirely. If you truly love someone and you want your relationship to survive, here is what my parents taught me.

If you're only interested in having casual hook-ups, then this article is not for you. My advice is for those who want to be in a serious relationship, with dating and possibly sex. Be aware that the information I share could help or be absolutely pointless, depending on the relationship, and it can be divided up into three checkpoints: patience, purity, and truth.

First, you must be patient. Patience is to learn to recognize if a person is right for you. Before you actually jump at someone and get it on, you have to do some scouting. Ask your potential soul mate's friends what they know about them and if they're the right kind of person for you. Even ask your own friends what they think of him/her. This period of time of being alone is crucial because not only does it allow you to find out if this person is right for you, but it also forces you to discover yourself and your true values.

Second, you must be pure. Purity means having a relationship untethered by social norms and bias. Pop culture and media in the American society is typically against the traditional relationship, and will try everything to get in your way. Stand your ground and don't let people's opinions change the way you think and act. Stay true to yourself, and people will come to respect that.

Lastly, you must be true. Almost every relationship is destroyed because someone tries to hide something from someone else; the truth always comes out one way or another. Telling the truth is painful at first, but the relieve of forgiveness is worth it. Gather the courage to tell the truth and you will be rewarded.

These are some of the many lessons my parents taught me and I hope they will help you in your future.

Netflix and Chill? The Perfect Date Night Movies



Images from *The A.V. Club*, *Bustle*, *Marie Claire UK*, and *Twitter*

Megan Lickhalter
OPINION EDITOR

The romantic movie section of Netflix does not have the best selection of films, which becomes problematic when you're on a date and you need something to set the mood. As a self-proclaimed connoisseur of all romantic movies, here are five I think are worth your time.

1. Stuck in Love

This movie is so bad, but I love it. You know it's going to be horribly great when it starts off with "Home" by Edward Sharpe and the Magnetic Zeros, the soundtrack of every bad, indie romance movie. It details more of the complicated, messy parts of a relationship, so it's probably not a great first date movie. However, it does get slow and boring at times so that could work to your advantage ;)

Scenes to makeout during: Basically just the entire movie.

2. 13 Going On 30

This movie is completely unrealistic, but that's probably what

makes it so great. I'm sorry but, it's not believable that that teenage boy isn't a jerk. Girls, don't watch this movie and expect a boy to make you a super thoughtful birthday gift and then hold on to his love for you for 17 years. Nonetheless, it is very cute and I highly recommend it.

Scenes to makeout during: The middle when she's just doing boring adult things.

3. 50 First Dates

If you think you're having a rough time on your first date, at least you're not Adam Sandler whose entire life is a first date in this movie. It's kind of dumb of him to go after a girl with short term memory loss, but Drew Barrymore is ridiculously pretty so I guess it somewhat makes sense. Also, it's a great self-esteem boost because if Adam Sandler can get Drew Barrymore, anything can happen.

Scenes to makeout during: Every single time Adam Sandler talks.

4. Bridget Jones's Diary

Honestly, Bridget Jones is one of the most obnoxious leading ladies

in a romcom that I've ever seen. But if you can get past that, this movie is actually pretty entertaining and Colin Firth is really cute and sweet. It's another self-esteem boost because Bridget is awful, yet has two attractive men after her. If anything, just watch this for the fight scene between Hugh Grant and Colin Firth.

Scenes to makeout during: Everything except the fight scene and the part where she shows up to her family party dressed as a prostitute.

5. The Best of Me

I watched this with my mom recently and we were both sobbing by the end, so have a box of tissues ready. Who doesn't love a good Nicholas Sparks book adaptation? You'll never be bored because so much happens. It's great for both genders because there's romance along with some intense fight scenes, both of which get the tears flowing. You'll both need a lot of comforting afterward.

Scenes to makeout during: The beginning of the movie, leading up to when the main characters actually get together.

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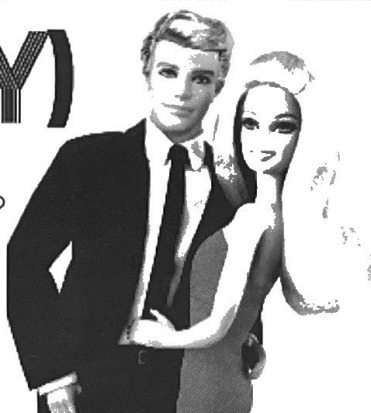
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STAY SAFE (AND SEXY)

Resources for Safe Sex



Sakura Smith

MANAGING EDITOR

Planned Parenthood

PP is a comprehensive safe sex resource for everyone, not just women. It is affordable and accessible all over the United States. Think of anything you need for your sexual health, and they are most likely to have it. Here are some of the many services they offer:

- STD testing and treatment
- × Genital warts (HPV) treatment
- × STI testing (men and women)
- × HIV testing (men and women)

Contraception

- × Reversible contraception
- × Emergency Contraception (ie PlanB, Ella)
- × Female Sterilization Procedures
- × Vasectomy Patients
- × Cancer Screening and Prevention
- × Pap Tests
- × HPV Vaccinations
- × Breast Exams/ Breast Care
- Other Women's Health Services**
- × Pregnancy Tests
- × Prenatal Services
- × Abortion Services
- × Urinary Tract Infections Treatments

Education

<https://www.plannedparenthood.org/> is another resource for for any questions you may have.

Locations Closest to MHS:

Santa Monica : 1316 3rd Street Promenade Suite 201, Santa Monica, CA 90401
Phone# 800.576.5544

Thousand Oaks: 1200 W Hillcrest, Thousand Oaks, CA 91320
Phone # 888.898.3806

FPA Women's Health

"As a nationally recognized and accredited family planning and abortion services provider, we proudly offer our patients safe and convenient access to quality care in our 20 locations throughout California."

- <http://www.fpwomenshealth.com/locations/los-angeles-area/los-angeles-downtown-ca/>
- × Pap Smears
- × Annual Exams
- × Birth Control
- × Vaginal Infections
- × Vaccines
- × Abortion Services

Location closest to MHS: 601 S. Westmoreland Ave. Los Angeles, CA 90005

Safe Teens

Safe Teens is able to give many recourses to students from STDs to Drug abuse to Emergency contraception.
<http://www.safeteens.org/hot-lines/>

Free condoms can be provided by:
× Planned Parenthood Clinics
× LA County's HIV and STD hotline by calling 1-800-758-0880
× <http://www.teensource.org/condoms/free>
× <http://lacondom.com/order-condoms/>
× Free condoms are also available in Freshman Seminar classrooms at MHS

If you or a friend has been sexual abused and you need help or have questions call:
The National Abuse Hotline
1(800)799-7233

S.A.F.E. LA

A great resource that teaches

and brings awareness about sexual abuse. Safe LA also has a rescue program and offers great resources to help anyone that is being harmed or needs guidance.
<http://www.safela.org/>

RAINN

"RAINN created and operates the National Sexual Assault Hotline (800.656.HOPE and online. rainn.org) in partnership with more than 1,100 local sexual assault service providers across the country"
<https://rainn.org/get-help>

They will be able to help you with:
× Individual counseling
× Group counseling/support groups
× Legal/criminal justice system and Crime victim advocacy
× Community and Professional education
× Casework/practical assistance
× Hospital Accompaniment
Everything is confidential.

* all of the information was found on the websites of each organization.

Opinion: Sex Education — Necessary or Not?

Ashley Wallach
CAMPUS LIFE EDITOR

With the topic of sex education, mixed feelings are always present. While some teenagers feel that it is necessary, many would rather not visit the subject. Although it is not mandatory at Malibu High School for all freshmen to learn sex education, it is highly recommended, regardless of their lack of enthusiasm and nerves.

In the last few decades with the uprise of social media and the advancement of the internet, students have become surrounded with images that inspire conversations about sex. Fashion images show so much skin that there is little left to the imagination. Does this mean sex education is not necessary, or even more necessary than before social media due to false assumptions on the subject?

To answer this question, sex is an uncomfortable subject for

many (especially as a family-dinner topic of discussion), but I believe that if teens gain sex education from at least one person that they are comfortable talking to, they are more likely to listen and respect the conversation. Only three states in America have the most class averages of an A, and nine have B's. By contrast, in a classroom full of teenage girls and boys, where everyone is uncomfortable and tuning out the teacher's voice to pretend the conversation is not happening, they are much less likely to listen and gain the necessary facts they need to have a safe sex life.

AVERT, a charity that provides education and care for HIV and AIDS, defines sex education as "the process of acquiring information and forming attitudes and beliefs about sex, sexual identity, relationships and intimacy. Sex education is also about developing young people's skills so that they make informed choices about their behaviour, and feel

confident and competent about acting on these choices." On the other hand, Mayo Foundation for Medical Education and Research believes that "Sex education doesn't need to be a single tell-all discussion," but rather should be part of the parent's job to determine when and what to say to their children concerning the topic.

Although AVERT's definition is the sex education program's goal, does this always occur in the classroom? Yes, the bases of sex and relationships are discussed, yet they course is lacking talking further about what it really means to be in a sexual partnership with someone, including how to be respected in a relationship and know if a relationship should end or continue, instead of only knowing how not to get pregnant or transmit diseases. If the class did provide education on these additional subjects, it could lead to less violence and heartbreak between two people.

Only 22 states and the District of Columbia require public schools to teach sex education. The remaining states provide abstinence-only sex education, which leads to the majority of teens not knowing how to have safe sex when they are, as predicted, not abstinent because of the inevitable desire in teenagers to rebel.

Teen pregnancy rates have almost halved in the last decade and the STD rate in America has also dramatically declined. These uplifting statistics may be due to sex education in schools or the separation of people due to social media.

If you are a student in the sex education classroom and are curious about sex, sexual identity, relationships and/or intimacy on a more intellectual level than the classroom provides, never be afraid to ask your teacher, older sibling, or other older adult you trust, as the morals that you learn regarding this subject could last a lifetime.

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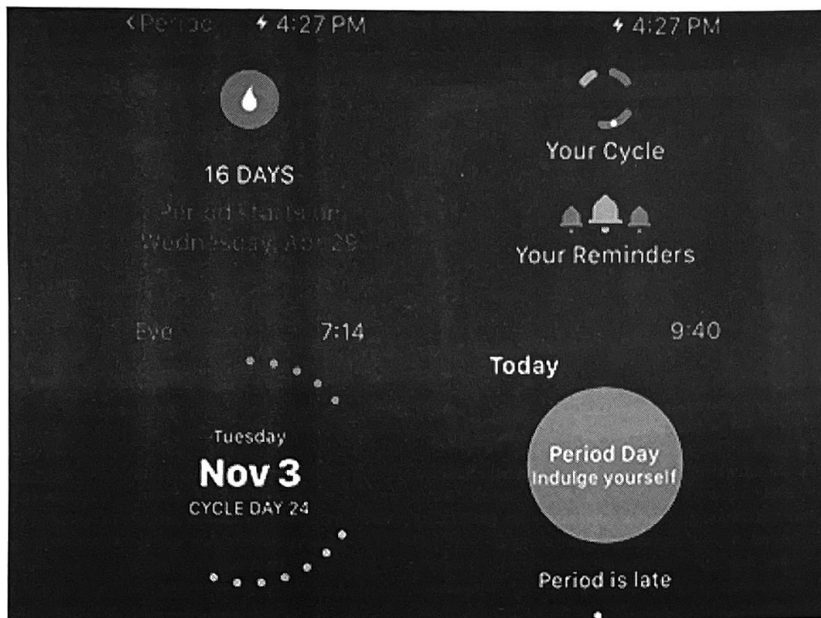
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Periods of The Future



Cat Evers
STAFF WRITER

Do you have trouble keeping track of your period's schedule? Do you need sexual advice, but you're too shy or embarrassed to ask someone? Just use Eve! Eve is a new app available for free that enables users to track their menstrual cycle, log your period symptoms and sexual activity, and read articles about users your age who have questions or stories to share.

Another one of Eve's features is helpful insight regarding every form of birth control. On the "Me" page under "Birth Control: The Scoop", users can choose from a list of contraceptions,

ranging from the average pill, to spermicide, to fertility awareness methods. On each one of these pages, Eve provides you with a description of the birth control, side effects, risks, and other important details. This feature is great for people who feel too afraid to ask a friend or family member and need to research what they would feel would work best for their body.

The plus sign at the bottom of the page allows you to log what you experience. Keeping track of your activity and symptoms can help you notice patterns and watch your health. Next to the plus sign is a "Community" button, where you can post and read stories or ask questions on topics

like "Sex", "The Pill", "Sexplanations", "Health & Lifestyle", and "Period Talk". It's a great opportunity for girls to find out if other people experience the same things they do, and for girls to find answers to important questions they have. Nothing is better than knowing that you're not alone.

I highly suggest Eve for any questions regarding the female body. Sometimes even asking your mom or doctor can be embarrassing. Eve also allows individuals to keep a passcode on the app so other people can't access your information on your phone.

If you need any help that the app can't provide you, more information can be found on page 3.

House Republicans Push to Defund Planned Parenthood



Koa Mack
STAFF WRITER

Two weeks after President Obama vetoed a bill that would have repealed the Affordable Care Act and defunded Planned Parenthood, Paul Ryan, the new speaker of the house announced that the House will vote to override the veto.

Since 2010, Republicans have been attempting to undo the expansive health-care legislation. Republicans united against Planned Parenthood in 2015 after a series of well edited videos that were released to the public over the summer alleged that officials from Planned Parenthood sell donated fetal tissue for profit. Planned Parenthood has repeatedly denied this claim. Of more than 700 family planning clinics in the country, only two centers collect fetal tissue and only one collected reimbursement for fetal tissue donation according to Cosmopolitan. However, in response to the videos, the organization announced that none of its clinics will no longer accept financial

reimbursement for fetal tissue.

In December, the Senate passed a bill to repeal Obamacare. One month later, the House voted 240-181 in favor of the legislation, which sent it to the President. After Obama vetoed the bill, Ryan vowed, "We have now shown that there is a clear path to repealing Obamacare without 60 votes in the Senate. So, next year, if we're sending this bill to a Republican president, it will get signed into law." Furthermore, this statement by Ryan has further implications that will affect the already complex 2016 presidential campaign, especially on the republican side.

Even though the vote set for next week is only symbolic, Republicans do not yet have the two-thirds majority vote that it takes for both the House and Senate to override a veto. However, if this bill passes and repeals Planned Parenthood and Obamacare is to be repealed without a new replacement health-care policy in place, millions of Americans are at risk of losing access to health insurance.

Sidley

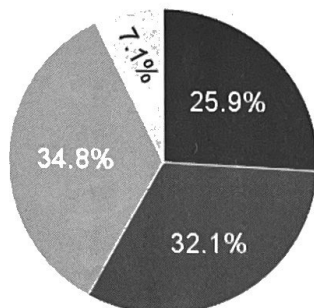
LAW GROUP

Drug/Alcohol Poll

Alec Rascoe
STAFF WRITER

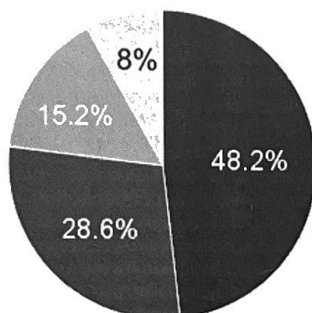
1. How often do you drink alcohol?

- A. Never tried it
- B. I tried it once / a few times
- C. Socially (1 to 4 times a month)
- D. Often (more than once a week)



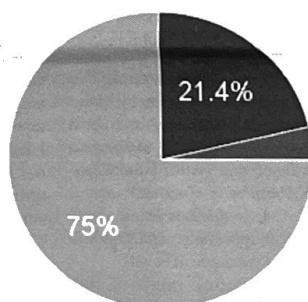
2. How often do you use marijuana?

- A. Never tried it
- B. I tried it once / a few times
- C. Socially (1 to 4 times a month)
- D. Often (more than once a week)



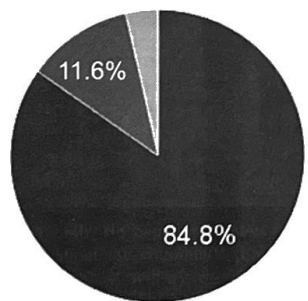
3. What is your opinion on people who use drugs and/or alcohol?

- A. Negative
- B. Positive
- C. Doesn't affect my opinion of them



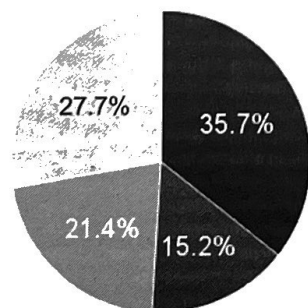
4. Have you tried other drugs besides marijuana or alcohol (i.e. psychedelics, prescription pills)?

- A. Never tried any
- B. I've tried them once / a few times
- C. Often



5. In your opinion should marijuana be legal?

- A. Yes, when purchased from licensed shops for those who are 21 and over
- B. Yes, with even fewer age or licensing restrictions
- C. No, it should remain illegal
- D. I don't care / I don't know



Medical Marijuana in Malibu

Sorin Moore
STAFF WRITER

On April 20, the 99 High Tide Collective hosted a ribbon-cutting ceremony for the opening of Malibu's new medical marijuana dispensary.

To honor the 4/20 holiday, the event began at 4:20 when City Council Member, Skylar Peak, cut the green ribbon to allow people in. Malibu Collective Caregivers and PCH Collective were two previous pot shops in Malibu, but both were forced to close when they received warning letters from federal officials.

Medicinal marijuana has been a continually controversial topic. Marijuana is classified as a Schedule I drug, along with ecstasy, heroin and LSD. According to the DEA, Schedule I drugs are "drugs, substances or chemicals... with no currently accepted medical use and a high potential for abuse."

Despite the federal classification, California passed the Compassionate Use Act in 1996. This states that patients are allowed to have medical marijuana as long as it is approved by their primary physician. Californians can use medical marijuana for AIDS, anorexia, arthritis, chronic pain, glaucoma, migraine, spasticity, and many other medical conditions.

In Malibu, opening the medical marijuana dispensary was not an easy task. Some Malibu residents felt very strongly about the opening of the dispensary.

"It is one of the worst ideas that has ever been brought to Malibu," said Phoebe Joseph, a freshman at Malibu High School.

Multiple conditions must be met, including running the business as a non-profit and requiring that members sign contracts saying that they won't sell or distribute the marijuana. Upon entering the dispensary, customers had to

sign forms to become members of the collective. Then, a small chip is given to them that grants access into a room where they receive help finding which strain of marijuana will best treat their illness.

The 99 High Tide Collective received approval to open with a 3-2 vote last year. Peak said that the dispensary will help Malibu residents who used to go elsewhere for their medical marijuana. Many Malibu residents are worried about the location of the new marijuana dispensary because the location is next to a liquor store. Opinions vary on the new dispensary.

Everest Brady, a junior at Malibu High School said, "I didn't even know we had one but I don't think that we should have one. Drugs are bad, kids."

Amy Perna, a freshman at Malibu High, told everyone to remember, "Hugs not drugs."

Malibu High Vapedemic

Kai Brady
NEWS EDITOR

Using vaporizers, or "vaping," has become increasingly popular among Malibu High School students. This is representative of a national phenomenon, as vaping surpassed cigarettes in popularity among the teenage population as of 2014.

Vaping involves the inhalation of water vapor from a device known as a vaporizer. Vaporizers come in many different shapes and sizes and can vaporize a wide range of substances, including e-juices, which may or may not contain nicotine, and marijuana. Vaping originated in the form of the disposable e-cigarette, which was initially intended to help people quit smoking. E-cigs would allow users to gradually cut back on the nicotine in their e-juice until eventually quitting altogether. Modern e-cig technology originated in the early 2000s, but

vaping has soared in popularity in recent years. Today, a new generation of vapers has emerged, many of whom have never even touched a traditional cigarette.

Why has vaping become so popular at MHS? First of all, vaping is no longer limited to the traditional e-cig. Some high-tech, rechargeable, and reusable vaporizers can work with both vape juice and marijuana, and are highly customizable. In a relatively wealthy environment such as Malibu, where young people already have easy access to substances, an expensive vaporizer can take on a gadget status, like a new cell phone. Vaping is popular at parties, in the same way smoking might have been 20 years ago. In a place like Malibu High School, vaporizers have filled the role of a niche status symbol, and as the popularity of vaping increases, more and more students are drawn to the practice.

The debate continues as to the

health impacts of vaping. The California Department of Public Health has recently launched stillblowingsmoke.org, a website that compares vaping to smoking tobacco and claims the two practices are equally bad for one's health. The website points out that traditional e-juices still contain nicotine, the same highly addictive chemical found in tobacco. However, a study conducted by the UK government showed that vaping was 95 percent less harmful than smoking since one is inhaling vapor rather than combusted plant matter, which can have carcinogenic effects. Thus, the general consensus is that vaping is less harmful than smoking any substance, although it can still have negative health effects.

One anonymous Malibu High student said, "I used to vape in the past. My favorite flavor of vape juice was watermelon." However he added that vaping was not for him and said, "Don't vape kids".

Abuse of ADHD Medication

Cooper DeNicloa & Jason Leow
STAFF WRITERS

The overuse of ADHD medicine in schools is a topic of controversy, particularly when used by people who do not suffer from ADHD, in order to give themselves an advantage over their peers.

ADHD stands for Attention-Deficit/Hyperactivity Disorder. ADHD makes it harder to focus, makes people more impulsive and hyperactive, and makes following simple tasks and processes nearly impossible. Common treatments for ADHD are Adderall and Ritalin, prescription stimulants that increase focus and productivity. These drugs are also called smart drugs, as they are used by people without ADHD to assist with mental processes, such as writing essays, testing, and studying. Adderall and Ritalin are classified

as Schedule II substances along with morphine and oxycodone, meaning they have a high risk for abuse and dependence because of their addictive nature.

In addition to being highly addictive, these drugs have serious side effects. Side effects of prescription stimulants include insomnia and loss of appetite.

An anonymous source said "The last time I used adderall, I didn't sleep for two days and didn't eat for nearly 36 hours, and it wasn't for lack of trying, it was because I physically couldn't."

Another anonymous source said, "The worst side effect is not even mentioned. It's this feeling you get when taking it, a feeling of emptiness that can not be filled."

When taken in conjunction with other drugs, including alcohol, or with an underlying medical condition, the effects of stimulants can be dangerous and even

deadly.

Malibu High sophomore Chase Kapler said, "While it is abusing a drug, if the outcome of the test or essay does not affect the other students grades, do what you have to do."

Calculus and physics teacher, Mr. Corrigan said, "It's not unfair because you are taking a risk with the side effects, as it is more helpful to sleep at adolescent age."

On the other side of the argument, sophomore Sydney Stern said, "It is unfair because it creates an advantage for people who do not need the help of the medicine."

Sophomore Louie Putterman said, "It's unfair because it involved giving certain people an advantage over those who do not have access to the drugs."

Drugs and Their Side Effects

Claudia Lane
STAFF WRITER

Type of Drug Drug Effect

Type of Drug	Drug Effect
Heroin	Euphoria (emotional state of well being), dependence and addiction, pneumonia, infection of heart valves, collapsed veins, decreased liver functions, slow breathing, muscular weakness, vomiting, death
Molly (MDMA)	Hyperthermia (increased body temperature), dehydration, mydriasis (dilation of pupils), bruxism (grinding of teeth), vomiting, Increased heart rate and blood pressure, anxiety, loss of memory, loss of consciousness, heart failure, seizures, death
Cocaine	Increases alertness, increased risk of strokes, Insomnia, chest pain, asthma, soreness of the throat, unsatisfiable hunger, reduced attention span
Lysergic Acid (LSD)	Increased body temperature, high blood pressure, numbness and weakness in muscles, sweating, increased heart rate, nausea
Cannabis (marijuana)	Reddening of the eyes, dryness of the mouth, increased heart rate, hot or cold physical sensations, paranoia
Crack (cocaine derivative)	Twitching of the muscles, vertigo (loss of balance and direction), risk of cardiac arrest, risk of respiratory arrest, highly increased blood pressure, death
Amphetamines (speed)	High and low blood pressure, increased heart rate, loss of appetite, weight loss, obsessive behaviors, alertness, depression, psychological problems
Ketamine (painkillers)	Increased salivation, abnormal heart beat, high or low heart rate, high blood pressure, anorexia, vomiting, airway destruction (respiratory system), double vision, death
Benzodiazepines (tranquilizers)	Panic disorders, seizures, insomnia, risk of disorders for newborn after pregnancy (such as breathing difficulty), depression and suicidal thoughts
Methadone (painkiller)	Blurred vision, skin rash, dizziness and fainting, confusion, hallucinations, chronic fatigue, heat intolerance, headache, constant sweating, respiratory problems
Barbiturates (sedatives)	Tolerance and dependence, drowsiness, slowed speech, incoordination, risk of coma, euphoria, death
Crystal Meth	Uncontrollable sweating, abnormal heart beat, agitation, hyperactivity, loss of appetite, flushed skin, dizziness, pale appearance, psychological problems
Speedball (a mix of heroin and cocaine)	Euphoria rush, hypertension, drowsiness, intoxicated person may believe they have a higher tolerance for the drug, change in body temperature, severe anxiety, heart attacks, death
Lean (cough syrup)	Extreme seizures, respiratory depression, respiratory and cardiac arrest, sleep apnea (inability to breathe while asleep), risk of coma
Phencyclidine (PCP)	Depersonalization, paranoia, changes in body image, severe hallucinations, suicidal impulses, lower respiratory and heart rate, coma, death

Picture of Drug



Classic LITerature



Image from *Neusbeat*

Dane Marshall
FEATURES EDITOR

It is not uncommon for an author to attribute his or her success to a drug. It is also not uncommon to see one of these authors' names on your syllabus here at Malibu High.

If you had Mr. Mayle freshman year, you read Ernest Hemingway's classic, *The Old Man and the Sea*. Hemingway, often regarded as one of the best authors of all time, was a raging alcoholic. Hemingway claimed to have started drinking regularly at the age of 15 and by his later years (around when *Old Man and the Sea* was written) was drinking about a quart of whiskey a day. Hemingway did admit that there were two times it was not beneficial to be intoxicated, when writing, and when fighting. So he was not drinking while writing *Old Man and the Sea*, but he did claim that it helped his shooting. In a letter written in 1935 to Russian translator and critic, Ivan Kashkin, Hemingway eloquently stated that, "Modern life is often a mechanical oppression, and liquor is the only mechanical relief."

Aldous Huxley, author of 10th grade favorite, *Brave New World*, was a big fan of psychedelic drugs, mainly LSD and Mescaline. Huxley's interest in psychedelics began early in life, as made obvious by the plot of *Brave New World*, which tells of a dystopia made possible by a fictitious drug that distracts people from the atrocities of the world around them. Although curious, Huxley did not try any drugs until moving to Los Angeles a few years after the publication of his breakout novel. Upon experimentation with Mescaline and LSD, Huxley became not only a regular user of the drugs, but a public advocate. He believed the drugs had the power to fuel political and religious change. Huxley was diagnosed with terminal laryngeal cancer late in life and his famous final wish was to be injected with a hundred micrograms of LSD. His wife obliged and Huxley died later that evening while hallucinating.

My personal favorite drug addicted writer is Robert Louis Stevenson, author of *The Strange Case of Dr. Jekyll and Mr. Hyde*. You probably remember him from the summer before 11th grade. Unlike the previous two authors mentioned, Stevenson

did write *Dr. Jekyll and Mr. Hyde* while under the influence of a drug. Stevenson wrote the entire first draft, all 60,000 words, on a six day cocaine binge. To put this in perspective, Stephen King, one of the most productive writers of his time, wrote about 1,000 words a day. After Stevenson finished his first draft he shared it with his beloved wife. She then burned his work, calling it trash, and in the next six days, Stevenson rewrote the whole book, entirely from memory, on another cocaine binge. *Dr. Jekyll and Mr. Hyde* tells of a scientist who invents a drug that brings out the 100% pure evil inside of himself and many think that this was an allegory for Stevenson sober versus on cocaine.

Voltaire, famous western philosopher and author of *Candide*, was addicted to caffeine. I know you are thinking, "I am 17 and I drink three grande non-fat lattes a day, I feel you Voltaire," but you do not know the half of it. Voltaire, through the six month period in which he wrote his renown satire *Candide*, read by all 12th graders, averaged 50-72 cups of black coffee a day. If you are a senior, I think it is fair to say the nature of the story makes a lot more sense now given this information. Interestingly enough, not only do some historians attribute the writing of *Candide* to caffeine, but the entire enlightenment. Coffee became all the rage in western Europe right at the same time as the occurrence of the enlightenment. Coincidence? I'll let you decide.

Shakespeare, yes THE William Shakespeare, author of freshman year's *Romeo and Juliet*, sophomore year's *A Midsummer Night's Dream*, and senior year's *Macbeth* and *Hamlet*, was allegedly a smoker of marijuana. Very little is known about the playwright who many consider to be the most influential author of all time, like how his name is spelled, or what he looked like, or if he even wrote his works or not. What we do know is that the garden in his residence contained pipes with marijuana residue. Proposals have since been made to de grave Shakespeare and conduct DNA analysis to really see if he was in fact a marijuana smoker, among other potential interesting facts they could discover like his cause of death and appearance. Moral of the story, Shakespeare was likely a stoner.

If you are struggling with a drug addiction or are thinking of experimenting with any drugs, don't hesitate to get help. It could help you for the time being and ultimately save your life. Get help. Call any of the help centers and/or hotlines below to get help right now. SAMHSA National Helpline: 1-800-662-HELP (4357) Free and confidential. Trained professionals are there to help 24/7 365 days a year. Alcohol and Drug Help Line: 206-722-3700. Call anytime to get help. Poison Control: 1-800-222-1222. Drugabuse.com: 1-855-980-3006. Provides recovery options and help 24/7.

OUR MUSIC, OUR RULES

An Interview with Carlotta Cosials from Hinds



Carlotta Cosials, center, with the rest of Hinds (*Interview Magazine*)

Chloe Dale Poswillo
GUEST WRITER

Music is one of the most unifying elements of life. I have witnessed it bring people together, be it from different schools or different continents. Live music is especially important to me; I feel the closest to others when I'm at a concert. But recently I realized something. Out of the many shows I've been to, only a fraction featured female artists. Why? There are so many women who write and perform songs, but most successful bands are fronted by men. This lack of diversity is especially apparent among festival lineups. Coachella, which many students at Malibu High School attend, has 162 bands scheduled to perform on this year's lineup. However, only 22 were fronted by women or included female band members. Yikes. Another festival, Beach Goth, scheduled 59 bands, of which three included female members and two were fronted by women (Grimes and Yolandi from Die Antwoord).

As a response to industry sexism, Burger Records, a label from Orange County, bills only female musicians for its annual Burger A-Go-Go festival. This year, the lineup features Kate Nash and Melissa Brooks from the Aquadolls, both founders of local Girl Gang and Riot Grrl movements, in order to raise awareness about feminism and support feminist artists. Burger Records has also recently signed the all-girl band Hinds, hailing from Madrid, who debuted their first full-length album, *Leave Me Alone*, in January. I had the opportunity to speak with lead singer and guitarist Carlotta Cosials before its release and ask her about her experiences

as a woman in a male-dominated field.

What is your favorite part about being in an all-girl band?

Cosials: I guess it's showing people how free women can be on stage. Rock and roll was made by boys, and it still feels like it's a male thing. I love drinking on stage, doing whatever I want and feel, like all the rock-performers. It's not like in pop where you have to do what you are supposed to. Rock and roll is about freedom and women are free too.

Are there any downfalls to touring, like do people ever not take you seriously or disrespect you just for being girls? If so, what is your response to these people?

Cosials: Not really. I mean, when we tour, we play in venues where everyone is there because they've paid to see us. In festivals it's different, since people can see you without having to pay specifically to see you. And we like staying in festivals as an audience, camping and everything with our friends, so we usually have weird comments yes. People don't know shit about how hard it is to be in a band and have success, they think everything is easier for a girl, which is very ironic.

Being signed to Burger Records, do you feel like you have an influential stance on feminism growing in the music scene?

Cosials: We entered Burger Records mainly because we loved the bands they had, mainly boys! But it's true that it feels very good to release songs with a label that supports a lot of girls in bands!

Finally, do you ladies have any fun life mottos?

Cosials: Sure! "Our shit, our rules." Also: "Rock and roll is the mission."

Zoe's 10 Best Albums of



Zoe Detweiler
A&E EDITOR

As we get further into 2016, we must take time to reflect on the previous year in music. A great album has many aspects, including overall sonic quality, lyrical content, emotional progression, all wrapped up into an overall transformative listening experience. Here are the best albums of 2015:

1. *Arts Angels*
Grimes

Poppy, exciting, mature, and intensely stylized, *Arts Angels* feels like talking to a cool older sister. The care and craft put into it is tangible, as Grimes self-produced the album and the cover artwork. The 14-track album never lags, and is a fully realized vision of Grimes' ideal girl power-filled universe.

Highlights: "California," "Kill V. Maim," "Artangels"

2. *To Pimp A Butterfly*
Kendrick Lamar

No other album is so fully perfect for today. Released amidst the growing nationwide dialogue about race, *To Pimp A Butterfly* covers an important spectrum of social issues, genres of music, and tones. As it sounds like a mind exploding in a million directions, it will take until 2020 for us to fully comprehend the layers of what Lamar is saying.

Highlights: "i," "King Kunta," "Alright"

3. *Too Good at Goodbyes*
FIDLAR

FIDLAR's second album is an epic punk achievement. *Too* illustrates the realities of drugs, alcohol, and addiction that the band previously ignored. The diverse album contains a lot of tracks perfect for screaming to after getting in a fight with your parents, but also many songs perfect for

sitting and reflecting on past mistakes.

Highlights: "Overdose," "40oz on Repeat," "Sober," "Bad Habits"

4. *The Incredible True Story*
Logic

Logic's sophomore album is set 100 years in the future, as a flight crew travels through outer space. The album features a full cast of voice actors, and interweaves the plot of the album with Logic's expertly crafted tracks. Listening to *The Incredible True Story* is immensely entertaining, something one might listen to on the way to Mars.

Highlights: "Innermission," "Young Jesus," "The Incredible True Story"

5. *Purpose*
Justin Bieber

Trust me on this one. Bieber is back and better than ever. *Purpose* gives us a look into his more complex emotions, yet still makes you feel good. Bieber's success reminds us that anyone with a vision can make a comeback, even after urinating in public. "Sorry" feels like an earnest apology, and I buy it.

Highlights: "Love Yourself," "Sorry"

6. *Sometimes I Sit and Think, and Sometimes I Just Sit*
Courtney Barnett

Barnett is an exemplary songwriter. The album takes you through a story that is both humorous and deeply relatable. Her narrative, mostly spoken lyrics depicting everyday experiences are complemented by Barnett's simple instrumental backings.

Highlights: "Elevator Operator," "Depreston," "Pedestrian at Best"

7. *Thrill of the Arts*
Vulfpeck

This album is difficult to define

by pre-existing terms, but whatever fusion of neo-funk-jazz it is, it has never felt so cool. Each instrument has been carefully set and calculated to achieve a lean, fresh sound. It is something that simply can't be found anywhere else.

Highlights: "Back Pocket," "Game Winner"

8. *V*
Wavves

Wavves' lo-fi, rhythmic beach punk is music made for having fun. *V*'s incredibly short anthers instantly transport you into a mosh pit. As someone who is proudly believes that the West Coast is the best coast, this album makes me feel at home, as it brings to mind sun, waves, while containing a laid-back attitude.

Highlights: "Head Hurts," "Flamezesz," "All the Same"

9. *Carrie and Lowell*
Sufjan Stevens

Listening to this album is somewhat challenging, as it is emotional and dark. However, the pain of Steven's mother's death gives way to intense beauty, and this album makes you nostalgic for a childhood you never experienced.

Highlights: "Fourth of July," "Carrie & Lowell"

10. *Vulnicura*
Bjork

Listen to this album in the car and be wrapped in a warm, motherly cocoon of sonic genius. Rooted in the pain of her recent divorce, Icelandic chamber pop has never felt more personal. Bjork's unearthly vocals transcend and weave through the ethereal instrumentals for a dramatic and magical listening experience.

Highlights: "Family," "Black Lake," "Lionsong"

Figuring It Out with SWMRS

Zoe Detweiler
A&E EDITOR

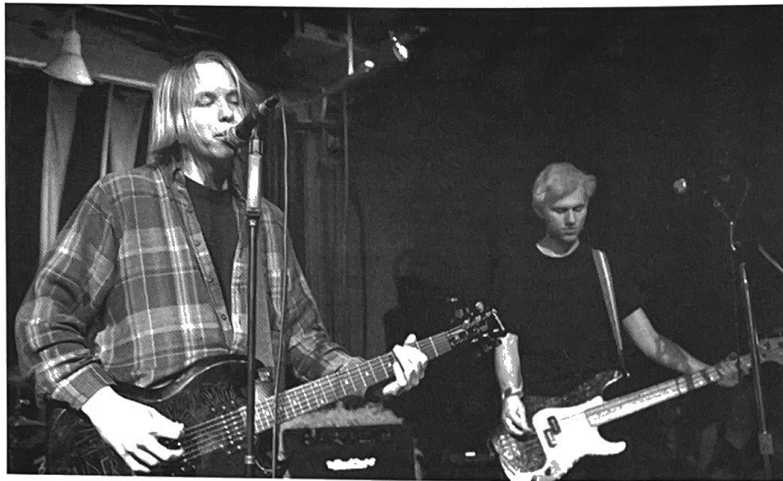
Swmrs is a young Oakland-based band that is shaking up the LA indie scene with their "hawaiian" sound, which takes its influence from traditional Hawaiian and grunge music. The band's debut album as Swmrs (they had previously released two albums, *Don't Be A Dick* and *Lost At Seventeen*, under the name Emily's Army) is titled *Drive North* and will be out later this month. Additionally, frontman Cole Becker, 20, — who attends the University of California Berkeley when he's not touring — is the creator of *Boyzine*, a feminist zine for teenage boys. I had the opportunity to interview Cole alongside bassist Sebastian Mueller, also 20, after their set with Twin Peaks and Waves at the Troubadour last September.

What is it like achieving all this success and popularity at such a young age?

Becker: It's been pretty dope. I look back and I'm really lucky to have had all these things happen in a row, all these chances. I am super grateful. I love what I do and I love that I get to do what I do, so it's been super awesome. Really awesome.

How do you balance being in a band and in college? Do you have any tips for doing that?

Becker: It's really hard. Honestly, get as much school done as you can before things start picking up with your band, because



Cole Becker and Sebastian Mueller performing at The Troubadour (Image from *City on a Hill Press*)

at a certain point. [Mueller] and I are both going to have to stop going to school for a long time. And it sucks.

Mueller: It ****ing sucks.

Becker: Because school rules, school is actually so dope, especially when you get to college. Like, high school sucks, but college rules. So do what comes first, like I know my school will wait for me, so I can pull out and go follow my dreams that don't wait, you know, like music. So if you're in a situation where your school is going to wait for you, prioritize music because if you can follow what you want to do, do that first and then fall back on school. School will always be there.

What inspired you to create Boyzine?

Becker: When I got the idea for *Boyzine*, I was out with my friends in New York City. We were with the band Goodbye Honolulu at this party and there were a bunch of macho dudes there. I just have this vivid memory of us all standing in a corner and giggling about Pokemon and s**** [laughs], and so I was like, I want to document this phenomenon of being a boy, not like a DUDE, with arms and shit, so that's what inspired *Boyzine*. I just wanted to create a place where boys could be immature and dumb, but also learn about cool things like feminism. When it comes to feminism, it's really important for people to un-

derstand both on the surface what it is, and underneath, like all these weird-ass undertones. There are a ton of things that people should understand about feminism. It takes 5 minutes to look up.

Mueller: It's called Wikipedia!

Becker: Yeah, and look up intersectionality if you look up feminism, because it's just as important. Racism and hatred of women go hand in hand, believably so. Intersectionality is the most important thing that has come out of our generation. Look it up.

Being so young, you may be labelled as a "millennial" band. Do you associate your music with millennials?

Becker: Yeah, absolutely. Once our record comes out, it's going

to be very clear we have the attention span and the interests of millennials. I think bands before our generation didn't have ADHD or Spotify, so they were very much focused on creating one distinctive sound, while ours is all over the ****ing place. It incorporates all these different influences because we have access to everything from FKA Twigs to the Clash. So everywhere in between is where our interests range. That's the weird thing that comes out of being a millennial band.

Who are some of your peers you're most inspired by?

Becker: This band Twin Peaks that we're touring with is so awesome. I love them. They are the nicest dudes. Another one we tour with a bunch are Dog Party, Northern California punks. I'm really, really into D'angelo, although he's not my peer.

Mueller: Goodbye Honolulu. Every band we've ever played with have been so rad. Sunflower Bean, No Parents, everyone.

And then lastly, future projects? What's in the works?

Becker: I've been trying to write a song with my friend Soko, who does goth music. She's a homie, and then we've been talking to Julia [Cummings] of Sunflower Bean about doing an alternate version of one of the songs on our record. A bunch of collabs with homies, and we've got our album coming out in February. Also Creative Native, they're Taifa's rap group, they're a great peer band that I love.

DJ Khaled Will Give You The Key to Success

Skylar Washington
SPORTS EDITOR

If you haven't already added Khaled bin Abdul Khaled, or DJ Khaled for short, to your Snapchat friends list, "congratulations... you played yourself" because you have yet to experience greatness. You may know him as the guy featured in almost every rap song screaming his own name.

Born in New Orleans, Louisiana on November 26, 1975, Khaled rose to fame when he moved to Miami, Florida and became the host of WEDR radio station. Khaled is currently the CEO of We the Best Music Group which is a part of Cash Money Records. He now lives in Sunny Isles, Florida and is engaged to Nicole Turner.

It is never too late to add him to your list. Not only is DJ Khaled a multi million dollar rapper, but he is also a motivational person who, trust me, will give you the Major Key to the Pathway of Success. [Purely metaphorical, the Major Key is a piece of golden information that can help you become more successful in life.]

Here are multiple reasons why you should, join the movement if you haven't already:

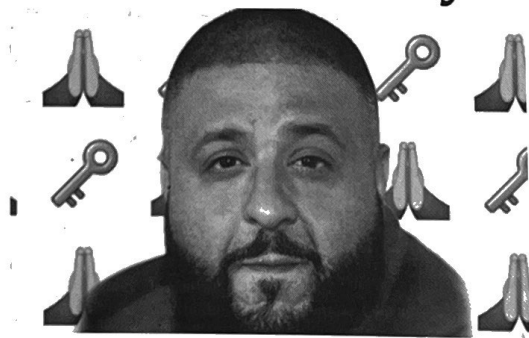
DJ Khaled is a very inspirational person. This young mogul

does not go a day without telling his audience what they can do to become successful. As seen on his snapchat story, here are a few things that you will need to "bless up" (succeed):

1. Having a lot of pillows
2. Using Listerine
3. Using Dove Deodorant
4. Eating green apples
5. Watering and naming the plants in your garden (i.e. Angel)
6. Keeping your pathway to success clean
7. Cleansing your face
8. Taking long hot showers
9. Blazing more (I mean the fire- place, keep your mind out of the gutter)
10. Having good cloth vibes (cloth: anything fancy or impressive)
11. Choosing the right footwear everyday
12. Never letting "they" stop you

Once you have completed these tasks you may "celebrate success right" by partying with your fans in Vegas, celebrating Mary J. Blidge's birthday with big movie stars like Taraji P. Henson, and putting your close celebrity friends on your Snapchat story like Drake, Kim Kardashian, and Kendall Jenner.

One thing that people value the most about Khaled is that he will



tell you the truth. He expresses his opinions about the common "they" and how "they" will try to bring you down. Although we still have yet to find out who "they" are, it is implied that "they" are indeed the haters. For example, DJ Khaled lets us know that "they don't want us to eat, so we gon eat anyway" or "they don't want you to win". Khaled once reportedly said that "I refuse to give" the infamous "they my energy" showing that he will not give up on his path to more success. While being motivational by telling us that we can do whatever we want, he is also explaining that "they" are not good people and will want to kick you when you're down and cheer for you when you're up. But it's ok, like Khaled says "keep your head up" because with his major

keys "they" will not be able to knock you down. And if you do, like Khaled, all you will "do is win win win no matter what".

Khaled is also well known for giving the best compliments. He's the guy who once told a woman "you smart, you loyal" after giving her a bag full of cash in his music video "Hold You Down" featuring Chris Brown, August Alsina, and Trey Songz. On every Snapchat story he is always complimenting his fans. In one of Khaled's previous daily segments, he repeatedly told his fans, "They don't want you to win, they don't want you to be free, you smart, you a genius".

Khaled doesn't even know us personally and he is constantly complimenting us by saying we are geniuses and we can do it in

order to make us better people.

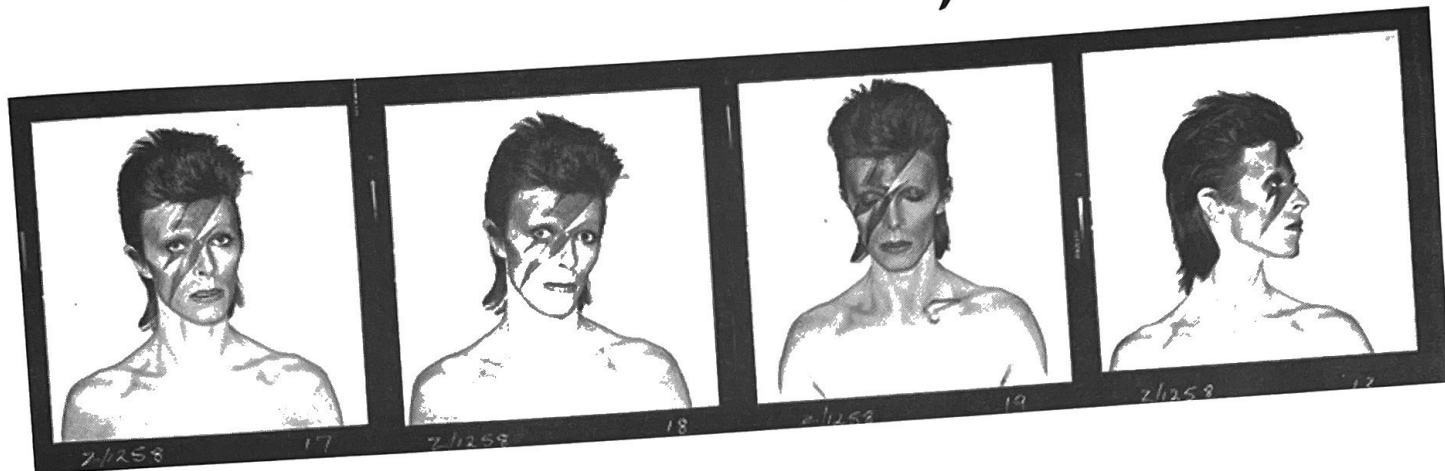
"Fan luv," he always says, to express how much he appreciates the support that his fans before and after Snapchat have for him. For one thing, Khaled has very good vibes, especially "special cloth vibes" that he uses while working out. It's obvious that Khaled never sleeps, he's always "up to something."

Most of all, DJ Khaled cares. **SPECIAL CLOTH ALERT:** If you don't get it already; he wants you to succeed. That's why he shows us every second of his life so we can be motivated to be in the same position as him. His treadmill talks, his hammock talks, his elliptical talks, and his everyday conversations can convince you to be more proactive than reactive in your life.

"Adding DJ Khaled on my snapchat story was the most productive thing I have done all day" tweeted one of his fans, @sheblsmajorkey.

So please, join the movement and "ride wit me" and DJ Khaled on the journey to success. Sure, there will be road bumps, occasional tire blow outs, or moments where you run into "they," but I promise if you give him a chance he will give you the key. Bless Up! Another One. DJ KHALED! WE THE BEST!

A Tribute to The Late Icon, David Bowie



Gabriel Deibel
STAFF WRITER

David Bowie, an innovator and true iconoclast in the music world, died on January 10 after an 18 month battle with cancer in Manhattan, New York.

David Bowie transcended every genre, recreating himself countless times over his fifty decade career. He was more than just a musician though; he portrayed characters on stage as well as film. Only now are many people realizing the true brilliance of David Bowie's work.

David Robert Jones was born to a waitress and music teacher in London, following World War II. David Jones would find himself drawn to music from a young age, playing in bands by the age of fifteen. He changed his name from David Jones to

David Bowie when he started his career as a solo artist as he feared that he would be confused with Davy Jones of the Monkees and released his self-titled debut on the same day as The Beatles' Sgt. Peppers Lonely Hearts Club Band. Finding little success in the sixties, Bowie crafted some of his most well known work in the following decade. Some of Bowie's earliest breakthroughs included his single "Space Oddity" and the album *Hunky Dory*. David Bowie came to represent the blossoming genre of Glam Rock with the release of his album *The Rise and Fall of Ziggy Stardust and the Spiders From Mars*. A concept album centered around Bowie's alter ego Ziggy Stardust, a mulleted alien rockstar adorned in kabuki dresses and mime-like makeup, who came to planet Earth in the Earth's last five years of life to spread the message of

peace and love. Ziggy Stardust's own end found him consumed by excess and destroyed by the fans he had inspired. Bowie kept rising in popularity internationally, but after only a few years in this alter ego of Ziggy, he would kill this glam rock hero and transfer his talents towards the cocaine crazed romantic of *The Thin White Duke*.

The Thin White Duke sang of romance with feverish intensity on the album *Station to Station*. Telling interviewers that he was "ice masquerading as fire", Bowie became hollow as his vast intake of drugs was corroding both his mental and physical health. At this point of his career, he was influenced by soul music of artists such as Sly and the Family Stone. Referring to this genre of his writing as "plastic soul", Bowie would leave this era of his life behind him as well when he moved

from Los Angeles to Paris.

In Paris, Bowie composed his Berlin trilogy, *Low*, *Heroes*, and *Lodger* all of which were produced by fellow musician Brian Eno.

For the remainder of the eighties and nineties most of David Bowie's work was unremarkable, but Bowie was still constantly morphing, occupying his role as the music chameleon he had always been. He starred as a Goblin King in the Jim Henson movie *Labyrinth*, and even portrayed Pontius Pilate in Martin Scorsese's film *The Last Temptation of Christ*.

With the release of his final album *Blackstar*, David Bowie left this life on a high note, creating a masterful album focused on the ideas of death and rebirth.

Bowie was a misfit, outside of the ordinary for any casual music listeners. He differentiated himself from every other artist dur-

ing his time. He dressed in outfits so bizarre and creative that they are now as famous as he is today. The lightning bolts, eye patches, kimonos, and the mime makeup all added to his character. It was freakish yet earthly and everything in between.

For his fans, Bowie was an individual and an inspiration. Everything he did was for his own evolution as an artist and even after 50 years, his music is neither stale nor tacky. While there are still people today who cling to the image they had at 20 years old, Bowie never saw the appeal to that. He aged with grace and dignity, always trying out new things, even if they didn't necessarily work out. He never stayed in a safe spot, and instead branched out into the unknown to construct brilliant and masterful art.



Violet Finn
STAFF WRITER

In honor of the 40th anniversary of *The Rocky Horror Picture Show*, Fox Studios have announced that they will be releasing a two hour, made-for-TV remake of the cult classic. It is set to star Tim Curry as the Criminologist Narrator, Laverne Cox as Dr. Frank-N-Furter, Victoria Justice as Janet Weiss, and Ryan McCartan as Brad Majors. Cox is best known for her Emmy nominated performance as character Sophia Burset in the Netflix original series "Orange is the New Black". Meanwhile, Justice and McCartan are best known for their roles in "Victorious" and "Liv and Maddie," shows targeted toward a much younger

audience. Seeing as the original film explores many adult themes regarding sexuality, Justice and McCartan will be entering new acting territory, which they may not be able to tackle. While it is certain that Tim Curry, who starred as Frank-N-Furter in the original film, will deliver in his new role of the Criminologist Narrator, his presence as a different role than the one that arguably made his career may seem out of place and leave viewers with nostalgia and an uncomfortable longing for the original film.

After 40 years, *The Rocky Horror Picture Show* is still shown in independent theaters around the country. These showings are on the border between live theater and movie screenings and often

include loud and rowdy audiences, actresses and actors performing in front of the theater during the movie, and a series of audience rituals during certain lines and phrases of the dialogue. With a following as large and devoted as that of *The Rocky Horror*, the remake certainly has large shoes to fill.

Rocky Horror fan and MHS junior Emma Brisinger said "The Rocky Horror Picture Show is such a cult classic and nothing will ever top it... the visual aspect will be prettier [in the remake] because of advancements in technology, but acting wise the new movie will never live up to the original."

Opinion: The Return of Vinyl

Alec Rascoe
STAFF WRITER

In an age where almost all media is a few clicks away, music listeners are rediscovering one of the oldest

physical mediums of music: vinyl records. To some, this seems preposterous as mp3 players can do everything vinyl records do while also being mobile. Vinyl's value comes from the combination of being a physical format, having superior audio quality, and being collectable.

Vinyl is immobile, forcing the listener to sit down and focus on the music. People enjoy the physical process of listening to vinyl. You have to actually place the record on the platter, select the rpm setting, start the rotation of the record, and drop the needle. This gives you a direct connection to the music, allowing you to embrace the magic of how the sound is produced.

It is an undeniable truth that vinyl records deliver superior audio quality in comparison to digital mediums. Vinyl records deliver pure sound waves, referred to as analog signals, as opposed to digital signals, which only estimate the quality of a sound wave. While you have to train your

ears in order to fully appreciate the quality, listening to vinyl is incredibly pleasing, as it is the best immersion one can have to the music, other than live performances.

Vinyl is also a way to physically catalog the music you appreciate, which the current generation of music listeners appreciates. The sale of vinyl has increased since 2005 and now parallels the previous peak of vinyl sales in 1989. Despite being bulkier, more expensive, and less accessible, listeners are more than willing to invest in vinyl.

Not only does vinyl affect the listener, it is one of the better means of income for the artists. This is important for preserving the record industry in a time where piracy and music streaming have grown to a point where the sales of digital recordings have become an unreliable income for musicians. This has become more apparent as some artists now include free digital downloads with the purchase of vinyl.

Vinyl has a unique ability to let listeners further explore music, and as sales of vinyl continue to grow, it is clear that listeners treasure this.

Everything* You Need to Know About Masque 2016

Thursday March 3

- Masque Promo
- Junior Act
- Senior Girls • "Technicolor Beat"
- Isabella Thatcher, Nina Hungerland, Chloe Poswillo • "Our House"
- Skylar Washington • "Love on Top"
- Brandon Chaisson • Beatbox Breakdown
- Sadie Sandoval • Dance Solo
- Gabriel Deibel • "Sylvia"
- Hannah Grunderman & Isobel Anthony • "Motivation"
- INTERMISSION
- Delaney Faherty • "Bennie & the Jets"
- Remi Jacobs & Zola Crowder • "Are You Gonna Be My Girl?"
- Coco Williams • Dance Solo
- Cat Evers & Nancy Walecki • "Send My Love to Your New Lover"
- Tristan Peterson • "Arcarsenal"
- Sofia Staedler • "Seven Nation Army"
- Cat Evers • "Warrior"
- Teacher Act
- Senior Act

7 pm

\$15 per night
\$40 for all
three

Friday March 4

- Masque Promo
- Junior Act
- Cat Evers • "Warrior"
- Alex Plank & Emma Altobello • "Black and White"
- Stella Bloch • Dance Solo
- Delaney Faherty • "Bennie and the Jets"
- Cat Evers & Nancy Walecki • "Send My Love to Your New Lover"
- Sofia Staedler • "Seven Nation Army"
- Remi Jacobs & Zola Crowder • "Are You Gonna Be My Girl?"
- INTERMISSION
- Isobel Anthony • "Qui La Voce"
- Gannon Earheart & Tristan Peterson • Drum Battle
- Sadie Sandoval • Dance Solo
- Brandon Chaisson • Beatbox Breakdown
- Taylor Mathews • "You are the Rake"
- Senior Girls • "Technicolor Beat"
- Teacher Act
- Senior Act

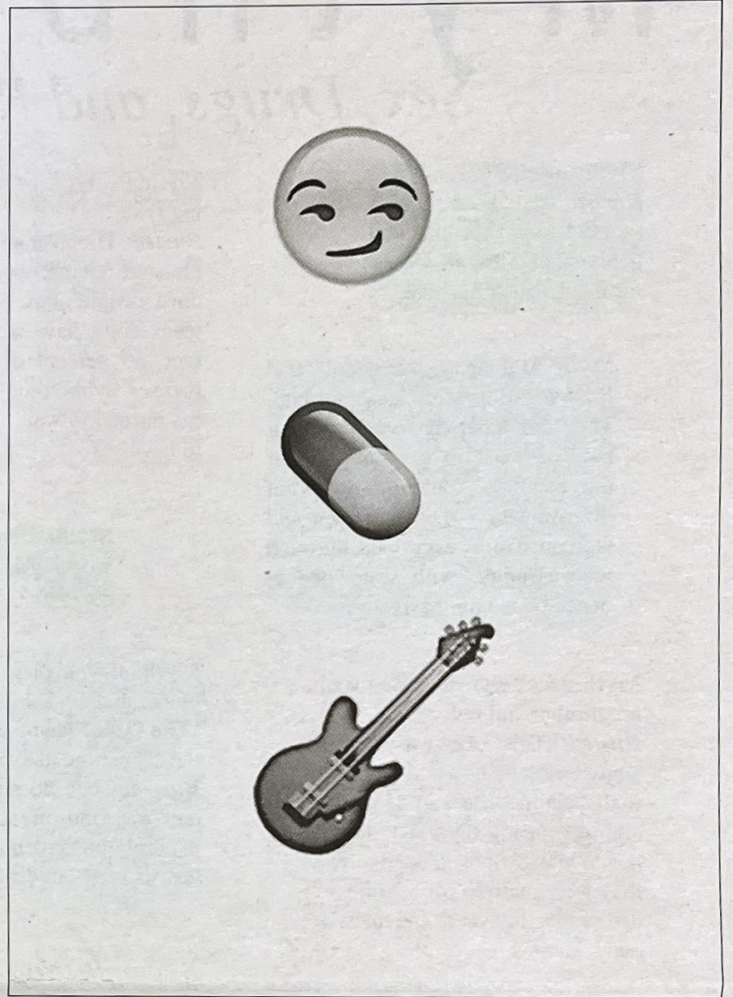
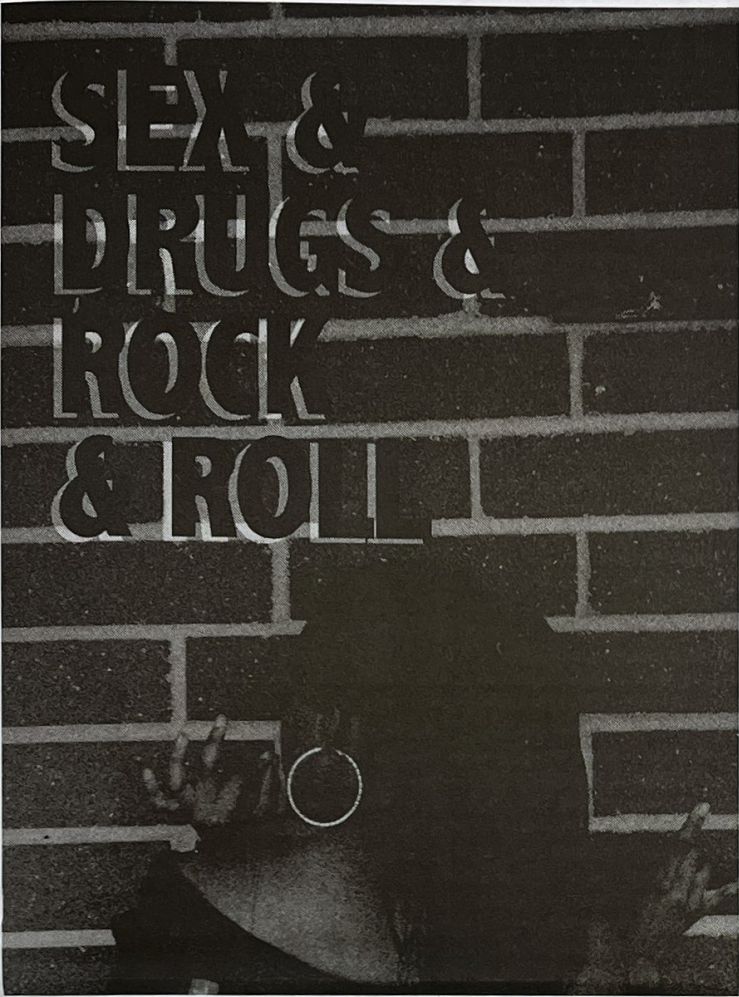


Saturday March 5

- Masque Promo
- Junior Act
- Cat Evers & Nancy Walecki • "Send My Love to Your New Lover"
- Isobel Anthony • "Qui La Voce"
- Sadie Sandoval • Dance Solo
- Brandon Chaisson • Beatbox Breakdown
- Gabby Farrer • "That Western Sky"
- Hannah Grunderman & Isobel Anthony • "Motivation"
- Taylor Mathews • "You are the Rake"
- INTERMISSION
- Skylar Washington • "Love on Top"
- Gabriel Deibel • "Sylvia"
- Senior Girls • "Technicolor Beat"
- Maggie Valdman • "I'd Rather Go Blind"
- Cat Evers • "Warrior"
- Remi Jacobs & Zola Crowder • "Are You Gonna Be My Girl?"
- Teacher Act
- Senior Act

* Lineup subject to change

Alternative Covers of *The Current*



The 6 types of Hipsters by Sean Kelly

The Earth Lover

- Extremely friendly
- plays ukulele
- doesn't know what shoes are
- loves fresh fruit
- hates capitalism
- Vegan
- owns leather Doc martens
- wears dreads
- loves Mac Demarco
- smokes cigarettes
- effortlessly naturally beautiful
- handmade precious jewelry

The Sport Goth

- Unfriendly
- everything they own is adidas
- dates "the Fan"
- great Instagram feed
- Art school bound
- under 5'2"
- wears a nike hat
- septum piercing
- something adidas
- writes letters to Mac Demarco
- wears bangs
- used to only wear Brandy Melville

The Brain

- Loves pop punk
- extremely smart
- approachable
- wants to go to Brown on Bard
- thinks that moshing is rude
- doesn't demand an encore at shows
- loves Sylvia Plath
- Hates Mac Demarco
- wears prescription glasses
- friendly

The Fan

- Is obsessed with "the musician"
- Starts the mosh
- the one that fans when no one else does
- stage dive
- always sweaty
- always finds his way on stage
- has an instapic with Mac Demarco
- hasn't ever slim
- wears a festival T-shirt
- wears a Burgerama II

The musician

- usually hot and distant
- Loves Mac Demarco
- Hates their dad's mean
- has a weird name
- likes the "Earth Lover"
- wears a Ralph Lauren polo hat
- not actually good at playing instruments
- skinny non-athletic physique

The Feminist

- Loves Petra Collins
- Takes great selfies
- Confident
- is friends with Zoe probably
- no makeup
- Doesn't have an opinion on Mac Demarco
- wears braless
- wears body hair
- st stick and pokes



Mythbusters

Sex, Drugs, and Rock 'n' Roll Edition

Myth: Big feet mean big...
Busted: There is no correlation between shoe size and penis size! This also goes for hand size or ear size.

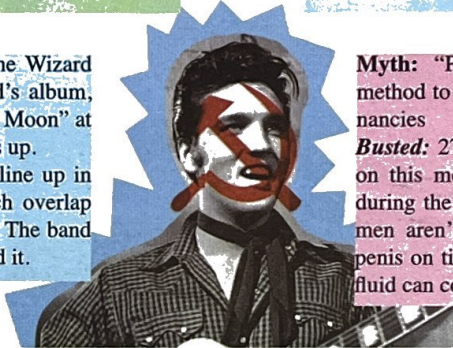
Myth: Addicts are bad people
Busted: Addicts are sick, not bad. They don't belong to a particular race or exist in certain parts of the country. Addiction does not discriminate - there are men and women from every background who struggle with drug dependence on a daily basis

Myth: Jack White and Meg White are brother and sister.
Busted: This one was actually started by Jack himself, who originally claimed he and Meg were siblings during the early days of the White Stripes. The reality is they were married for a while, but divorced many years and many albums ago.

Myth: Everyone at my school is having sex.
Busted: The average age when people start having sex is 17. And even once people start having sex, most teens don't have sex very often. In fact, 30 percent of people haven't had sex by the time they turn 20. So it's normal to wait until you're older to have sex.

Myth: Elvis is alive and well, working as a mailman in Moscow
Busted: ????

Myth: If you play The Wizard of Oz and Pink Floyd's album, "The Dark Side of the Moon" at the same time, it syncs up.
Busted: They do not line up in any way and any such overlap is purely coincidental. The band has also flat-out denied it.



Myth: "Natural" drugs are safer than synthetic ones
Busted: Marijuana, mushrooms, and other natural highs still alter brain chemistry and produce dangerous side effects. They aren't harmless just because they grow in the ground

Myth: Heroin is more dangerous than alcohol
Busted: Alcohol is the most dangerous substance in terms of accidents and suicides, related disease, addiction, injury, family adversities, and economic cost

Myth: "Pulling out" is a safe method to prevent unwanted pregnancies
Busted: 27% of women who rely on this method become pregnant during the first year of use. Many men aren't able to withdraw the penis on time, and pre-ejaculatory fluid can contain sperm.

Thoughts on Sex, Drugs, & Rock 'n' Roll

"Those kinds of things were more central to the things I was thinking about when I was younger. Right now I feel so disconnected from that, I'm focused my work, my responsibilities as a father, as a husband, and regular life. But, it does remind me of being young."
-Dr. Gallagher, Principal

"I would picture hippies dressed in all the crazy colors and tie die and everyone getting high on drugs. Today, I think today that the teenagers are way too free with their bodies and their minds and from what I see there are too many kids willing to try anything to get high."
-Laurie Morgan, Registrar

"Yes, we invented sex, drugs, and rock 'n' roll when I was in high school in the '70s. We enjoyed every minute."
-Mr. VB, Substitute Teacher

"I don't really think of modern kids in sex, drugs, and rock 'n' roll. Obviously teenagers today are having sex, doing drugs, and like rock 'n' roll, but that phrase takes me back to a time in history"
-Ms. Ryan, Librarian

"What. You can't do the first two. You're not old enough to do sex and drugs. And rock 'n' roll is passé. How about Tea, Food and Classical Music? How does that sound?"
-Mr. Evensen, Art Teacher

"Pettness, things of little importance."
-Mr. Miller, Middle School Principal

"Youth, energy, time loooooong passed for me. Rebellion and fun. I miss those days."
-Mr. Grey, Special Ed Teacher

"I think of the phrase, as a whole, in terms of way to describe either an attitude or an outlook or society as a whole. It's more about a way to describe either letting one's hair down, or a general attitude and a place and a time."
-Mr. Ryan, History Teacher